

Hosbis
Dewi Sant



St David's
Hospice

Providing the HOSPICE HUG since 1999

Spring/Summer 2026 **Newsletter**



☎ 01492 879058

✉ enquiries@stdavidshospice.org.uk

🌐 www.stdavidshospice.org.uk



Registered with
**FUNDRAISING
REGULATOR**

✕ f @ in

Registered Charity Number: 1038543

Welcome

Memories Meadow

Dedicate a Lasting Memory to Someone you Love

It has been a busy start to the year for our charity. The redevelopment work in our Day Therapy Centre at Llandudno is progressing very well and we look forward to sharing pictures with you in your next newsletter later in the year. We are very grateful to Conwy UK SPF, Wolfson Foundation, The Ratcliff Foundation, Gwynt Y Môr, The Garfield Weston Foundation, The National Lottery Community Fund, The Oakdale Trust and CVSC for assisting with funding to make this project happen. The outcome will make a world of difference for our patients, and we very much look forward to welcoming them and their carers to our much improved facility.

Over the coming months we will be welcoming many supporters to our exciting season of fundraising events. Last year over £100,000 was raised through events, we are grateful to all who take part and fundraise for us and to our friends within the business community who choose to sponsor events. Your support has a vital impact on our work.

This summer we will be remembering our loved ones at the St David's Hospice Memories Meadow. We invite you to purchase a metallic Peony Flower and join us to celebrate and remember those special to us at one of this year's events:

- Sunday 5 July: Happy Valley, Llandudno
- Sunday 12 July: Plas Newydd, Llanfair Pwllgwyngyll

At both events, supporters and visitors can enjoy viewing the Meadow of Peonies while enjoying music and memories. This year's Memories Meadow appeal has been generously sponsored by Tom Owen and Son Funeral Directors, we are very grateful for their support for another year.

This year's flowers can be purchased by scanning the QR below, visiting www.stdavidshospice.org.uk/memoriesmeadow2026 or by calling **01492 879058**.

As always, thank you so much for your unwavering support – it really does make such a difference to so many people in Conwy, Gwynedd and Anglesey.

Get yourself a cuppa, relax and enjoy reading your newsletter!

The St David's Hospice team



Create a lasting memory of someone special with a Tribute Fund page

We understand that the loss of somebody close is a deeply personal experience. St David's Hospice Tribute Funds are a unique way to make a lasting tribute to a loved one – it is your place to remember them.

We have partnered with Much Loved, the UK's leading tribute website service, to offer you a free, online Tribute Fund page that never expires.

Each page is yours, free, for as long as you wish allowing you to add photos, videos and memories to your page, and share with family and friends. You can also light candles, add virtual gifts, and make the page as unique as your loved one.

You can set up a Tribute Fund in the name of your loved one and, as it is personal to you, you have the choice of how and when it is added to. Your gifts, and those of your family and friends who can also be invited to contribute, will help us continue to care for people with life-limiting illnesses across Conwy, Gwynedd and Anglesey.

If you would like to set up a tribute fund visit www.stdavidshospice.org.uk/tribute-fund and follow the instructions. Alternatively contact Shannon Kelly-Jones our Individual Giving Fundraiser, at shannon.kelly@stdavidshospice.org.uk or on **01492 553166**.



"I'm here to support you as you honour your loved one through a Tribute Fund, whether you're just starting out or continuing your journey. I'm available to guide you, answer any questions, and help make the process as smooth and as personal as possible."
– Shannon Kelly-Jones



FUNDRAISING EVENTS

Taking part in a challenge or joining us at an event is a fun way to help raise the £5.2 million needed to care for our patients and their loved ones each year. Follow St David's Hospice on social media and subscribe to our Email newsletter through www.stdavidshospice.org.uk to keep updated on all our events, campaigns and challenges throughout the year.

MAY

Marathon in May

Sign up to our month-long challenge – whether it's just under a mile each day or 26 miles across a weekend. Anything goes – bike, hike or wheel!
We are very grateful to KINETIC COACHING AND NUTRITION for their generous sponsorship which has helped to make this challenge possible.

Spring / Summer sale | Saturday 9 May | St David's Hospice Furniture and Homeware Hub, 44 Cae'r Llyn, Llandudno Junction, Conwy, LL31 9LS

Snowdonia Half Marathon – Run Wales | Sunday 10 May | Llanrwst

Essar Chester Half Marathon | Sunday 17 May | Chester Racecourse

JUNE

St David's Hospice Golf Day | Monday 01 June | North Wales Golf Club, Llandudno
We are very grateful to PORCELANOSA for their generous sponsorship which has helped to make this event possible.

St David's Hospice Dragon Boat Festival | Saturday 20 June | Llyn Padarn, Llanberis
We are very grateful to 4 CROSSES CONSTRUCTION LTD for their generous sponsorship which has helped to make this event possible.

JULY

St David's Hospice Memories Meadow | Sunday 5 July | Happy Valley, Llandudno
We are very grateful to TOM OWEN AND SON FUNERAL DIRECTOR for their generous sponsorship which has helped to make this event possible.

St David's Hospice Memories Meadow | Sunday 12 July | Plas Newydd, Llanfairpwll
We are very grateful to TOM OWEN AND SON FUNERAL DIRECTOR for their generous sponsorship which has helped to make this event possible.

St David's Hospice Summer Fair | Saturday 25 July | St David's Hospice, Llandudno
We are very grateful to PENDERYNN DISTILLERY for their generous sponsorship which has helped to make this event possible.

AUGUST

St David's Hospice Fun Run and Fun Day | Saturday 8 August | Betws y Coed

SEPTEMBER

Jail & Bail | Friday 04 September | Llandudno Pier
We are very grateful to GWYNEDD FORKLIFTS for their generous sponsorship which has helped to make this event possible.

Ring o' Fire 130 | Friday 04 – Sunday 06 September | Anglesey

Firelighter 50 | Friday 04 September | Anglesey

Caernarfon Half Marathon – Run Wales | Sunday 06 September | Caernarfon

St David's Hospice Moonlight Walk | Saturday 12 September | Llandudno Promenade

We are very grateful to BLUE TURTLE HUB for their generous sponsorship which has helped to make this event possible.

Test the Team Quiz Night | Thursday 17 September | Venue Cymru, Llandudno

OCTOBER

Bangor Half Marathon and 10k – Run Wales | Sunday 04 October | Bangor

MBNA Chester Marathon | Sunday 11 October | Chester Racecourse

Autumn Fair | Friday 30 October | Betws y Coed

We are very grateful to THE ROYAL OAK HOTEL for their generous sponsorship which has helped to make this event possible.

NOVEMBER

Conwy Half Marathon and 10k – Run Wales | Sunday 15 November | Conwy

Llandudno Tree of Lights | Friday 20 November | St David's Hospice, Llandudno

We are very grateful to TOM OWEN AND SON FUNERAL DIRECTOR for their generous sponsorship which has helped to make this event possible.

Anglesey Christmas Fair | Saturday 21 November | Plas Arthur Leisure Centre, Llangefni

Llandudno Christmas Fair | Saturday 28 November | Venue Cymru, Llandudno

We are very grateful to W F CLAYTONS & CO for their generous sponsorship which has helped to make this event possible.

Rhos on Sea Tree of Lights | Sunday 29 November | Cayley Embankment, Rhos on Sea

With special thanks to RHOS ON SEA ROTARY CLUB for their kind support.

We are very grateful to TOM OWEN AND SON FUNERAL DIRECTOR for their generous sponsorship which has helped to make this event possible.

DECEMBER

Christmas Tree Festival | Tuesday 01 – Sunday 13 December | St Mary's Church, Conwy

With special thanks to CONWY TOWN COUNCIL for their generous support

Santa Dash – Bespoke Fitness | Saturday 05 December | Promenade, Llandudno

Betws y Coed Tree of Lights | Sunday 06 December | Garden Nursery, Betws y Coed

We are very grateful to TOM OWEN AND SON FUNERAL DIRECTOR for their generous sponsorship which has helped to make this event possible.

Llangefni Tree of Lights | Thursday 10 December | St Cyngar's Church, Llangefni

With special thanks to LLANGEFNI ROTARY CLUB for their kind support.

We are very grateful to TOM OWEN AND SON FUNERAL DIRECTOR for their generous sponsorship which has helped to make this event possible.

ONGOING CHALLENGES

£25 Challenge - Sponsored by EXCELL SUPPLY

Put your entrepreneurial skills to the test and help generate vital funds. The idea is simple - start with £25 and increase it over 25 days - how you do it is up to you! For more information contact enquiries@stdavidshospice.org.uk

Wing Walking and Sky Diving dates are available throughout the year!

For details contact shannon.kelly@stdavidshospice.org.uk

St David's Hospice Christmas Concert | Friday 11 December | Bangor Cathedral

We are very grateful to DAFYDD HARDY ESTATE AGENTS for their generous sponsorship which has helped to make this event possible.

Sign up today!

www.stdavidshospice.org.uk/fundraising-events
01492 879058

Trial service launched at Holyhead

Earlier this year we began to trial a day therapy outreach service at Ysbyty Penrhos Stanley in Holyhead. The purpose of these sessions is to bring care closer to the home of those patients and carers who live in Anglesey, saving them from traveling to our Hafan Dewi Sant Day Therapy Centre in Bangor.

The service allows patients to benefit from therapy sessions over an eight week period. Run by our existing team from Hafan Dewi Sant in Bangor, the service includes art sessions for patients and vital peer-support and counselling for carers.

Sue Griffiths, Senior Sister, said, "Carers spend time together with support by the counsellor to explore coping mechanisms and share helpful information and tips with each other. We find this to be an effective way for carers to develop long term coping strategies as well as gain mutual support guided by hospice staff."

"There is a real buzz at the sessions, and it is lovely to be a part of it. At our first session, we had a gentleman who kindly created a clock for the Holyhead site as a thank you for the care that he and his wife are receiving."

Maggie Jones would usually attend sessions at Bangor but is now able to attend the trial service at Holyhead.



"I loved going to Bangor and now Holyhead. If I am feeling a bit down, being able to talk about it is very helpful knowing we are not alone. Thank you." Said Maggie.



Hafan Dewi Sant Referrals

All patients are referred to St David's Hospice by a health care professional such as a doctor, nurse specialist or an allied health care professional.

Each referral will then be screened to see if the services are appropriate for the individual. Arrangements are then made for an initial assessment where a health care plan is formulated based on patient needs.

For more information visit www.stdavidshospice.org.uk/hospice-care, call 01492 879058 or scan QR code



Playing the Lottery – a win for you and a win for us!

Thank you to all who play St David's Hospice Lottery – last year our players contributed over £300,000 to St David's Hospice by choosing to take part in the weekly draw.

Every Friday, 82 lucky players can enjoy a weekend boost thanks to the St David's Hospice Lottery. Along with the £1,000 top prize, players have the chance of the £100 prize as well as 80 changes to win £5. We love it when our winners get in touch to let us know how the lottery has helped them.

Mr. Northrop called us after winning the £1,000 jackpot. He was very grateful to have won and, as a Dementia sufferer, decided to use the money to help fund the care that he needs.



We are very grateful to all our players. Playing the lottery makes a real impact on St David's Hospice and the lives of people like Mr. Northrop.

Playing our lottery is one of the easiest ways to support St David's Hospice, find out more by scanning the QR code or visiting www.stdavidshospice.org.uk/lotterysdh



The Power of the Collection Can



In 2025 over £25,000 was raised through St David's Hospice Collection Cans. We are very grateful to the many businesses and organisations across Conwy, Gwynedd and

Anglesey that collect for us and of course to their customers and visitors for donating their loose change or scanning the QR code.

Listers Interiors in Llandudno is a long time supporter of our charity and have now collected a staggering total of **£6454** since taking a can back in 2017. Jo who is manager of the store said "When a customer wants a carrier bag we ask them to make a donation to St David's Hospice". What a great idea, thank you Jo and the team!

If you run a business and would be able to accommodate a collection can please get in touch today. E mail enquiries@stdavidshospice.org.uk or call **01492 879058**.

A Fresh Vision for Our Charity Retail

In January 2026, we launched a new vision for our charity retail, focusing on enhancing the customer shopping experience, attracting high quality donations, and increasing the profits that directly support patient care.

Following a full internal refurbishment, our Llandudno store proudly reopened its doors on 15 January — and the feedback has been extraordinary. One supporter said the shop reminded them of the hospice's day centre: "bright, clean and inviting." Another described it as an "upmarket second-hand gift shop." Comments like these affirm that our efforts are resonating with the community.

We are delighted to see our vision becoming reality. This newly refreshed space is more than a shop — it's a welcoming community hub that reflects the same compassion, dignity and warmth you will expect from the hospice itself.

It is thanks to CVSC and the UK SPF Fund that we have been able to progress this project due to a grant which will improve the experience for staff, volunteers and customers alike.



Funded by
UK Government
Wedi ei ariannu gan
Llywodraeth y DU

Cymorth
Cymunedol
Gwirfoddol
Conwy



Community
Voluntary
Support
Conwy

And we are not only fully stocked with great donations, we have also grown our 'Help Force' of volunteers over our 7-day opening. If you'd like to talk about our hospice retail volunteering opportunities, please don't hesitate to get in touch by visiting www.stdavidshospice.org.uk/shop-with-us

St David's Hospice Donation Centre, Shop & E-Commerce Centre - Llandudno Junction

44 Cae'r Llynen, Llandudno Junction LL31 9LS

Nestled in the new Beech Developments housing estate in Llandudno Junction, St David's Hospice occupies 4 adjoining industrial units which make up our Hospice Donation Hub.

Unit 1 – Furniture, Homeware and Electricals Showroom

Unit 2 – Donation Drop off

Unit 3 – Warehouse Storage

Unit 4 – Repair and Distribution & E-commerce

"Our showroom has never been busier, and we are so pleased with the development of the Hub which is raising significant funds for the hospice.

If you are thinking about buying new furniture for your house and/or want your existing furniture to go to a good cause, then please do get in touch with the Hub on 01492 553131 | 07395328092" Mark Brennan, Hub Manager

Explaining Why We Sometimes Decline Donations

We are always grateful when someone offers to donate items to support the hospice. However, there will be times when we need to politely decline a donation.

If we know an item cannot be sold—due to safety, condition, or lack of demand—accepting it may actually create a cost for the hospice to dispose of.

Because every penny we raise goes directly toward patient care, it's important that we only take items that genuinely help us fundraise.

Thank you to everyone who continues to support us.



You can also shop with St David's Hospice through ebay and Vinted! Scan the QR to follow the Junction Hub on Facebook

Our Shop Locations:

Beaumaris
Monday - Saturday
9.30am - 5pm
Sunday 10am - 4pm
8 Castle Street
Beaumaris, LL58 8AP
Call us - 01248 662278

Conwy
Monday - Saturday
9.30am - 5pm
Sunday 10am - 4pm
23 High Street
Conwy, LL32 8DE
Call us - 01492 573628

Dolgellau
Monday - Saturday
9.30am - 5pm
23 Eldon Square
Dolgellau, LL40 1PS
Call us - 01341 421327

Llandudno
Monday - Saturday
9.30am - 5pm
Sunday 10am - 4pm
9 Lloyd Street
Llandudno, LL30 2UU
Call us - 01492 553130

Llangefni
Monday - Saturday
9.30am - 5pm
10 High Street
Llangefni, LL77 7LT
Call us - 01248 662280

Menai Bridge
Monday - Saturday
9.30am - 5pm
2 High Street
Menai Bridge, LL59 5EE
Call us - 01248 662281

Porthmadog
Monday - Saturday
9.30am - 5pm
142 High Street
Porthmadog, LL49 9NU
Call us - 01766 800543

Pwllheli
Monday - Saturday
9.30am - 5pm
84 High Street
Pwllheli, LL53 5RR
Call us - 01758 650360

Rhos on Sea
Monday - Saturday
9.30am - 5pm
Sunday 10am - 4pm
31 Penrhyn Avenue
Rhos on Sea, LL28 4PS
Call us - 01492 553134

Llandudno Junction
Monday - Saturday
9.30am - 5pm
44 Cae'r Llynen
Llandudno Junction,
LL31 9LS



Your Donations make dignified care possible

Sarah Corkish has been a supporter of St David's Hospice for many years. However, it wasn't until 2024 that she truly experienced the impact of the care she had fundraised for.

In January 2024, Sarah's sister, Mandy, was referred to the hospice for a week of respite care. She later returned for end-of-life care. Here, Sarah shares her family's experience of local hospice care.

"We joked a little during Mandy's respite week at St David's Hospice as it had the feeling of being on holiday! Nothing was ever too much trouble for the team and Mandy could have everything she wanted" explains Sarah.

"Most importantly though was the flexibility we had to visit Mandy. There was no restriction on the opening hours, and this made things so much easier for us as a family. It was a very relaxed place everyone was so friendly. I think what helped was the fact Mandy knew a couple of hospice staff, it was very nice for her to see familiar faces."

Many patients, like Mandy, come to St David's Hospice for respite visits and then return to their homes.

"Mandy received home care until the point came when her condition sadly deteriorated which meant coming back to the hospice" explains Sarah.

"The way the staff are really normalizes the situation you are in. Everyone knows that you are in the hospice to die, but this is not part of the daily routine. Taking the thought of dying away is something that St David's Hospice does very well. They do not dwell on the fact that you are dying – the daily routine is that you are here and living for today."

"I think a preconception is that you would expect a person to come to a hospice hours before death. It is not like that at all. You come here and you don't get the feeling of it being heavy or depressing. I didn't expect the hospice to be quite so homely and open."

Sarah continues to fundraise and support St David's Hospice. Last year, alongside Mandy's daughter Emily, Sarah trekked the Sahara, raising an incredible £43,000 to ensure other families receive the same level of dignity and care.

"This level of care is only possible if fundraising continues. It is almost disconcerting how easily you forget the hospice is a charity once you step inside. It isn't until you leave that you truly reflect on the fact that all this support was provided by a charitable organisation"

"If hospice care wasn't here, I hate to think how Mandy would have died."



Thank you to our AMAZING Hospice Heroes

Last year over £105,000 was raised for St David's Hospice thanks to our incredible Hospice Heroes. Between them, over 6,000 miles were covered over land and water, while 154,000 feet dived through the sky!

Our adventure loving heroes have once again amazed us for another year. We were taken on a phenomenal journey through one of Earth's most breathtaking landscapes by one group of intrepid travellers who documented their epic Sahara trek – raising over £43,000.

Other thrill seekers took on challenges including cycling from Bristol to Barcelona, enduring adrenaline fuelled ultra marathons, triathlons, abseils and skydives.



Hospice Heroes do amazing work for St David's Hospice, and we would love you to wear a cape and join them!

Our team are here to help and support you along the way to help with ideas and support your fundraising journey. Contact us today at enquiries@stdavidshospice.org.uk or call 01492 879058.

By taking on a challenge, you will become a Hospice Hero, helping raise funds that go directly back into providing compassionate care and support for people and families living with life-limiting and progressive illnesses.

We are incredibly grateful to all our Hospice Heroes for their dedication and generosity, and we look forward to seeing what they get up to throughout 2026!



NWH raises over £10,000 for St David's Hospice

North Wales Housing has raised over £10,000 for St David's Hospice through a year-long fundraising effort led by its staff.

Each year, the organisation invites its 200-plus employees to nominate a Charity of the Year. Four shortlisted charities are then put forward at the annual Staff Conference, where colleagues vote to select the final recipient.

In March 2025, staff chose St David's Hospice by an overwhelming majority. Fundraising efforts, coordinated by North Wales Housing's Charity Panel - made up of four staff members and led by Assistant Director of Finance, Emma Williams - soon gathered momentum.

Fundraising is a year-round initiative at North Wales Housing, with the panel making the most of every opportunity. Activities included a monthly 50/50 draw deducted from wages, as well as sweepstakes, fantasy football, bingo, treasure hunts and raffles. Food also played a big part, with staff organising regular themed events featuring everything from Chinese dishes and fish finger butties to breakfast baps, apple crumble and cakes. Seasonal celebrations such as Chinese New Year, Valentine's Day,



Easter and Christmas also provided further fundraising opportunities.

Additional initiatives included a ballot to win tablets and Christmas workshops while residents in one of North Wales Housing's Extra Care schemes contributed by taking part in a bingo and cake event.

Emma Williams, Assistant Director of Finance at North Wales Housing, said:

"It was an absolute privilege to support St David's Hospice and help ensure that people across Anglesey, Conwy and Gwynedd can access vital end-of-life care when they need it.

"We were not aware that the Hospice relies so heavily on fundraising, and this became a key motivation for our staff. We wanted to help safeguard a service that provides dignity and compassion at such an important time.

"St David's Hospice is a wonderful charity delivering an invaluable service across North Wales. We would encourage everyone to continue supporting their work - particularly by visiting their shops across the region and participating in their organised fundraising events."

Colleagues also showed strong support for Nichola Chegwin, NWH's Development Project Manager, who took on the five-day Sahara Trek in aid of St David's Hospice.

Nichola covered 100km over four days, trekking for six to ten hours at a time in temperatures reaching 35°C.

Nichola's fundraising efforts alone raised more than £4,000 for the Hospice. This is in addition to the £10,000 raised by North Wales Housing.

Thank you to the whole team at North Wales Housing, and for all those who supported their amazing fundraising efforts for St David's Hospice.

If your workplace is looking to partner up with a local charity please do consider St David's Hospice. Contact Alison Denton on 01492 879058 or e mail her at alison.denton@stdavidshospice.org.uk to find out more.



CAFÉ DEWI

ST DAVID'S HOSPICE,
ABBEY ROAD, LLANDUDNO,
LL30 2EN

Serving wholesome breakfasts, tasty
lunches and treats throughout the day.

Open: Monday - Friday 10am - 4pm.

Afternoon Teas are available every Saturday
between 1pm and 4pm.

Pre book by calling 01492 879058 or
email enquiries@stdavidshospice.org.uk



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VOLUNTEER

with St David's Hospice



YOU really can make a difference to the lives of those
with life limiting illnesses and in need of end of life care
in your local area.



For further information about volunteering opportunities:

✉ Email: enquiries@stdavidshospice.org.uk

🌐 Apply online: www.stdavidshospice.org.uk/volunteering

☎ Call: 01492 879058